



SCHOOL ZONE

Campbellsport

SCHOOL DISTRICT

FALL 2017

ELEMENTARY SCHOOLS LAUNCH NEW CURRICULUM... Page 2



The older sections of CMS-CHS were demolished last summer. Reconstruction and renovations are in full swing, with project completion set for fall 2018.

New STEM Areas and Gym Rise in Building Project

Thanks to gratifying community support, Campbellsport Middle-High School is being transformed to expand academic and athletic options and increase flexibility in learning spaces. You probably have seen the tall crane on site, the concrete walls pressing upward, the spancrete walls and acquired properties being prepared.

New construction includes a gymnasium with related locker rooms and storage spaces, a security-focused entry through the MS-HS offices, a shared commons area for the Lang Auditorium and gym, a lean district office space and a five-station STEM-Tech Ed area.

This area will feature a STEM (science, technology, engineering, mathematics) room, a wood shop, a metals shop, a flex lab (small engines, currently) and a technology intensive CAD (computer aided design) lab. We are excited about these

spaces that will allow us to operate more efficiently and effectively.

Meanwhile, much of the current building is being remodeled. Last summer the former multi-purpose room became two classrooms, with major rework being done in the old physics lab and adjacent rooms. The list that lies in front of us includes converting the current shops into band and choir rooms, creating five 6th grade classrooms, changing current music rooms to regain lost cafeteria space, remodeling for special ed area needs and improving three high school science rooms.

The onset of much cooler temperatures remains an issue as students must move through the 'tunnel' between the two buildings. The pace has quickened as the thermometer drops and many students are wearing jackets. Although the build will not be complete, the inner passageway

hopefully will be completed by mid-February. Moves into the STEM-Tech Ed area and district office could happen as early as this spring so the remodeling phases can get a jump start.

Thank you, Campbellsport community, for supporting our 2016 referendum and helping us improve student learning!

Weather Alert

The safety of students and staff begins with travel to and from school. Cancellations, delays and postponements affect everyone in different ways. Decisions typically are made hours in advance with input from several sources. We honor the parent's decision always if you think it is unsafe to send your student due to weather related issues.

Elementary Curriculum Helps Students Regulate Emotions, Actions

This year Campbellsport and Eden Elementary are using the Zones of Regulation curriculum® to teach students self-regulation. The curriculum categorizes student emotions and states of alertness into four colored zones.

This framework allows students to recognize and communicate how they feel in a safe, non-judgmental way. It also teaches strategies and tools so students can better control their emotions and impulses, manage sensory needs and problem-solve conflicts. The Zones curriculum is not a behavior system with rewards and consequences. It is a way for students to learn how to identify their emotions and **regulate** their minds and bodies.



The Zones include:

Blue Zone

Student is running slow – may feel tired, sick, sad or bored.

Green Zone

Student is “good to go” – may feel happy, calm and focused.

Yellow Zone

Student is starting to lose control – may feel frustrated, anxious, worried, silly or surprised.

Red Zone

Student is feeling out of control – may have trouble making good choices. This zone is for extreme emotions such as elation, anger, rage and aggression.

It is important to teach our kids appropriate coping and regulation strategies so they can help themselves when they become angry, stressed, anxious or sad. The goal of the elementary school curriculum is to teach students:

- How to identify their feelings and levels of alertness
- Effective regulation tools
- When and how to use the tools
- How to problem-solve positive solutions
- How to understand how their behaviors influence others' thoughts and feelings
- Independent regulation

Get Involved: Leadership is Key to Making CHS Great

The mission of the Campbellsport School District is to *develop each child into an adult who can stand confidently, participate fully, learn continually, and contribute meaningfully to our world.*

The school district will not meet this mark after the first year of a child's education or after the fifth year or the eighth year. It will take the combined effort of all years and all experiences spanning 13 or 14 years of a child's education. Essentially, the district is working to develop leaders. Leadership is the key to making Campbellsport great.

CHS seeks to develop students who are willing to act on their convictions, stand

up for what is right, fight against what is wrong and develop their passions that will make our world a better place. Leaders do not “watch from the sidelines.” Leaders take action and persuade others to follow suit.

Students spend a lot of time in classes learning every day. Does this naturally develop them into leaders? Hopefully it results in a better educated child, but it doesn't necessarily result in developing leaders. So where can leaders be cultivated?

Leadership grows in our co-curriculars (athletics and activities) and other after-school involvement. Sports, clubs, plays, church group and work experiences provide a foundation and venue for developing leadership.

Twelve CHS students recently attended a leadership conference in Waukesha. Students learned about other people who demonstrated leadership. They realized that for leadership to move from thought to reality, students have to do something to help others. Those students now are meeting regularly so each person can find a way to practice being a leader in our building and around our community.

Look for our high school students doing positive activities. Support them in their efforts to be leaders.

Challenge your own children, grandchildren, neighbors or friends to find ways that they can develop as leaders.

Elementary Students Bring “Aladdin” to Life on Stage

Thanks to all who attended our Campbellsport Elementary and Missoula Children's Theatre performances of “Aladdin.” We enjoyed performing for you! Learn more about the children's theatre at mctinc.org.





Social Media Safety and Trends All Parents Should Know

Social media can be fun and exciting for students. But new threats and apps, which will continue to evolve, pose a safety risk. One new trend is called the Disappearing Challenge. The Facebook challenge encourages teens to disappear for 48 hours without telling family or friends. Children get points the longer they're able to vanish and more points if there are posts or news reports about their disappearance.

Another alarming trend is the number of reported cases of teenagers (especially girls) self harming. Experts warn increased levels of pressure and stress from social media may be fueling a rise in mental health issues. Reports of self-harm among girls aged 13 to 16 rose by 69 percent between 2011 and 2014. Among boys of the same age the rise was 52 percent.

Staying involved in your child's social media lives is important to help protect your children. However, there are more "secret" apps making it difficult for parents to know exactly what their child is doing online. One example is the Calculator% which allows users to hide

photographs and videos. It looks like a calculator app, and when you open it a calculator screen appears, but with the correct passcode typed in, it unlocks hidden images and videos.

Please be aware of recent statistics:

- 88% of teens have seen someone be mean or cruel to others on social media.

- 67% of teens say they know how to hide what they do online from parents.
- 30% of teens say they've received inappropriate online advertising.
- 39% of teens admitted to lying about their age to access websites.
- 1 in 5 youth receive a sexual approach or solicitation online.

Tips for Parents and Students: What Can You Do?

Think before you click: Would I tell a stranger this? Would I show my teacher or parent this? With whom am I chatting and do I know how or what they are saying?

The internet is both public and long-lasting. Many kids do not understand the permanence of a digital footprint and that many employers and college admission officers can and will Google potential candidates. Here are basic rules for a safe online experience:

- Restrict time online and on phones.
- Encourage your children to report to you if they witness cyberbullying, inappropriate data images or someone spreading rumors online.
- Monitor what your children watch on TV, do on the internet, and post online.
- Request your child to always ask permission before registering to a website, social media site or downloading programs. Encourage your child to be careful when

disclosing personal information or clicking on questionnaires or free giveaways and contests.

- Limit access to internet enabled devices to common areas and shared spaces within your home.
- Talk about the risks associated with meeting online "friends" in person.
- Learn about the sites/apps your child enjoys, so you can spot when they deviate from their normal routines.
- Learn about the methods that the "dark web" use and familiarize yourself with proper social media sites and their capabilities.
- Check your child's privacy settings and make sure they are set to the strictest levels.
- Use filtering software to monitor your child's internet usage.
- Be a role model on how to use social media.

District Celebrations: Student Awards Showcase Cougar Pride

Krahn is National Merit Semifinalist

CHS senior Grace Krahn is a semifinalist in the 2018 National Merit Scholarship



Program. She is among less than one percent of high school seniors competing for National Merit Scholarships next spring. Best wishes, Grace!

Project G.R.I.L.L. Wins Top Award

Campbellsport's Project G.R.I.L.L. Team won the Fond du lac Area Association of Commerce First Place Best in Show Award for their 2017 grill unveiled last May. Our winning team included Danielle Bania,

Vince Becker, Makaily Dittloff, Cayla Egle, Lucas Gierach, Clay Hundertmark, Luke Jungers, Kayla Kutz, Mason Manninen, Austin Narges, Bryce Retzer, Rachel Strean, John Uelmen, Nathan Zielieke and advisors Mr. Hein and Mr. Figueroa. Congratulations to all!



CHS Delivers Gold Standard Financial Education

CHS is leading the way in bringing financial education to students, according to Next Gen Personal Finance (NGPF), a non-profit focused on effective financial education for all U.S. high school students. NGPF studied the course catalogs at more than 11,000 U.S. public high schools and found that CHS offers gold standard financial literacy instruction to all students.



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Mark Your Calendar

- Dec 22:** Basketball Game – Alumni Night, Dance Team Performs, 7:15 pm, CHS
- Jan 4:** Wrestling – Alumni Night, 6:30 pm, CHS
- Jan 11:** CHS 2018-2019 Course, Career and Curriculum Night, 6 pm, CHS
- Jan 26:** Wrestling – Senior and Youth Night, 6:30 pm, CHS
- Feb 1:** CES Chorus Concert – G2/3, 6:30 pm, CES Gym
- Mar 8:** EES Talent Show, 7 pm, EES Gym

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Residential Customer

The Campbellsport School District does not discriminate against individuals on the basis of age, sex, race, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, or physical, mental, emotional, or learning disability. Federal law prohibits discrimination in education and employment on the basis of age, race, color, national origin, sex, religion, or disability.

Find all of our school events at www.csd.k12.wi.us/district/DistCal.cfm

District Celebrations >> CONTINUED FROM PAGE THREE

CHS Honored for Financial Literacy

For the fourth consecutive year, CHS received the “Working in Support of Education (W!SE) Blue Star School” recognition for the 2016-2017 school year. Campbellsport was one of only seven schools in Wisconsin to achieve Blue Star School status.

Every student in our Personal Finance course took the W!SE Financial Literacy certification test last year. To be recognized as a Blue Star School, 75% or higher of the students must pass the test and have either a majority of students on a given grade level take the test or have the students who took the test achieve an average of 85% or higher.



“I am extremely proud of our students who took the test and received the certification,” said Ms. Katie Peterson, CHS

Business Education teacher. “Financial literacy is a very important skill for everyone to have. CHS graduates are leaving high school financially literate and will continue to make smart financial decisions as they move forward beyond high school.”



Athletic Hall of Fame Inducts Four

Congratulations to four alumni who were inducted into the Campbellsport Athletics Hall of Fame Class of 2017: the late **Rick Huspen** (1990), **Glenn Stommel** (1973), **Rick Gruber** (1980) and **Carissa (Serwe) Donath** (2002). The new inductees were honored at the Cougar Booster Club Golf Outing Aug. 11 at the Golf Club at Camelot. Read more about the HOF and see a list of past inductees on the CHS website under Athletics. Know someone who should be on the list? Nominate an exemplary athlete, coach or citizen who has helped make Campbellsport athletics great.